

VILLAGE VOICE

SUMMER 2024

INSIDE THIS ISSUE

Hawstead Plant Fair & Tea & Coffee Morning 2024

Hawstead's annual plant fair is coming to the Village Hall – make sure you get your orders in, as these plants won't be around for long at the Hawstead Special Price! More information on this important fundraiser for 2024 inside this issue.

Easter Bunny footprints found on the Green!

Take a look inside to see all the photos and report from the organisers of this wonderful family fun event.

Community Council & Local Business News

Don't forget it's the HCC AGM on **Monday 13th May**. This is an important date to help ensure that the Council continues to run successfully for all in the village. **All the summer events from local businesses and sports clubs** - help support them for Summer 2024! - **including a business up for a national award**. Find out more inside this issue of the Village Voice.



Village Voice contributions
Contact Marianne direct with material on
hawsteadvoice@gmail.com



HAWSTEAD COMMUNITY COUNCIL NEWS

- **Hawstead Community Council's AGM will be held on Monday 13 May**, at which annual reports will be presented and a new Committee elected. We are keen to see some new faces involved, bringing along new ideas and a willingness to take on some responsibility. Our AGM is when you as a resident have the opportunity to hear what's been happening at the hall and maybe even consider joining us to help shape the future of the village hall. Getting involved with your Community Council will:
 - improve life in your village for all residents and
 - help you make new friendships to enhance your enjoyment of life in Hawstead.

Please consider joining our small and friendly Committee. The more active members we have involved, the less pressure on the few who are currently committed and the more likely we are all to enjoy the meetings and plan and experience fantastic social events for everyone here in the village. Please step forward and be part of our Community Council team! Our existing Committee consists of John Shipley, Louisa Jackson, Susanne White, Caroline Miller, Bob Brough, Ali Bovill, Amanda Lomas-Farley, Tam Alexander and Joe Sheehan. We can have up to nine members.

All members of the current Committee will be stepping down as per our constitution at the upcoming AGM, leaving all posts to be proposed and elected. Please let John Shipley (ajsrowans@gmail.com) know if you will be joining us so we can prepare the venue.

Our AGM is a good opportunity for you to make sure that the Community Council is looking after your village hall as you would like, and you will be updated by reports from the Chair and Treasurer. While the AGM itself is a meeting somewhat limited to the elections, we will break for a short time afterwards and then reconvene for a more informal General Meeting of the new Executive Committee, to which all are invited. Given the time taken for the AGM, this General Meeting is likely to be a short meeting to discuss the essentials, with less urgent items being deferred to our next meeting.

We are always keen to welcome new members to our meetings, whether as an observer or someone willing to offer new ideas for social activities. Whatever your skill set or age, do please come along to learn what we are all about and to see whether you would like to get more involved. Dates for our meetings are advertised through the Village Voice and our online village hall calendar, but please just email bookings@hawsteadvillagehall.co.uk if you are unsure of dates/times.

PROVISIONAL AGENDA FOR THE ANNUAL GENERAL MEETING OF HAWSTEAD COMMUNITY COUNCIL

**Monday 13 May 2024 at 6.30pm at
Hawstead Village Hall**

Please sign in on arrival.

1. Welcome and apologies.
2. Chair's report for 2023/24
3. Treasurer's report for 2023/24
4. Election and appointment of Chair, Vice Chair, Treasurer, Secretary & other Executive Committee Members for 2024/25
5. Appointment of the Auditor for 2024/25
6. Any other business (previously notified to the Chair)

Would you like to be on the Executive Committee?

If you wish to have a vote on Hawstead Community Council issues throughout the year, you need to be elected as a member of the Executive Committee. You must arrange for a nomination, a proposer and a seconder and forward the details to our Secretary, Louisa Jackson, at louisamariejackson@me.com by **Wednesday 8 May** to enable us to prepare ballot papers. You will need to supply:

- Name of Nominee:
- Address of Nominee:
- Email address of Nominee:
- Position(s) sought:
- Details of Proposer: Name, address, email
- Details of Secunder: Name, address, email

Just to be clear, the nominee, proposer and seconder **MUST** be villagers resident at a village address. You should also read the Constitution, in particular clauses 7 and 10, to ensure you meet the requirements of the Constitution. To vote, you must be present at the AGM.

CHURCHYARD MAINTENANCE

'As the year gets going, so do the weeds, brambles and plants which make our churchyard look untidy! We rely on village volunteers to keep up the battle to make the area pleasant to be in, and to look at. If you can spare an hour or two on an occasional Saturday morning in 2024, we'd be most grateful for your assistance.'

- **18th May**
- **15th June**
- **13th July**
- **10th August**
- **7th September**
- **5th October**
- **2nd November**

*I will remind villagers of the dates via email; **feel free to turn up any time after 10am; expect a break for tea/coffee and biscuits.** We do have a couple of mowers, and a supply of fuel, but additional equipment and hand tools welcome.*

Andy Parrett



CHURCH NEWS – ALL SAINTS HAWSTEAD

Services

- 2nd Sunday – Morning Prayer
- 4th Sunday – Eucharist
- Each month at 11am

Canon Max took his last Service in the Benefice on Easter Sunday 31 March at Horringer Church. It was well attended. Presents and cards were given to him and Angie. Everyone wished them a very happy future. The Rev Mel is also going to leave us later this summer to finish her curacy, then to take a post at Bristol Cathedral. No dates are confirmed as yet, but we all wish her the best for her future. She has been 'a breath of fresh air' in the Benefice.

We are now in Interregnum.

The Diocese will advertise the posts and hopefully we will have candidates to interview quickly. Our services will still remain the same.

Lesley Carey



Hawstead Annual Plant Fair and Tea & Coffee Morning
Saturday 25th May
9am -12.30pm
At Hawstead Village Hall

Hawstead’s Annual Plant Fair will take place on Saturday 25th May from 9am to 12.30pm at the Village Hall. There will be a stall selling tea, coffee, cake and breakfast bacon rolls if you’d like to come down and meet up with neighbours and browse what’s for sale. With the price of plants and potting compost rocketing, the opportunity to buy affordable plants grown by local villagers or split from plants that grow successfully in Hawstead gardens is a fantastic way to increase your range of garden plants while raising money to support subsidised village activities including the Triple 20’s Christmas Lunch and the Christmas drinks party, both free to villagers.

Myself and villager Lesley Carey have been growing seedlings and splitting plants for months to get ready for the plant fair. We’ve already got an amazing selection of plants ready, from bedding to perennials, vegetables to houseplants. We need more though. So if you are growing any seeds and can spare a few for the plant fair, or can split plants in your garden to donate to the plant fair, we would be extremely grateful. We have run out of greenhouse space, so we are asking for villagers to volunteer to take a tray of seedlings to look after them on their windowsill or in a greenhouse (until the last chance of frost is over) until the plant fair.

This year you can now buy or pre-order plants ahead of the plant fair and either collect them immediately or on 25th May. Listed below are some of what’s available and how much we are charging, alongside garden centre prices... you can see how much cheaper the Hawstead plant fair is! There will be lots more on the day at the plant fair as well!

Caroline Miller

Perennials

Plant	Hawstead Special Price	(Retail Price)
Michaelmas Daisy (purple)	£4	Thompson & Morgan 9cm potted plant £14.99
Hostas (think it’s “So Sweet”)	£6 and £5, various sizes of plant available.	1ltr pot £19.99
Iris (blue, highly scented)	£5 – multiple rhizomes	Thompson and Morgan 1 rhizome £9.99
Double carnations (white, highly scented)	£4	Thompson & Morgan, 9cm pot £8.99
Bergenia	£5	(Crocus 1 x 2ltr pot, £18.99)
Verbena bonariensis - Purple Top	£3.50, or 4 plants for £10	(Primrose 1 x 2ltr pot, £11.99)
Pond plant - Yellow flag, Iris pseudacorus	£4 just plant, or £5 including pond planting pot.	(Primrose 1 ltr pot £21.99)
Stachys byzantina (Lambs Ear)	£2.50	(Parkers £5.99 in 9cm pot)
Large spirea shrub – white flower (3ft tall by 2.5ft wide) coming into flower	£15	(Thompson & Morgan 1 x 3.6ltr pot £29.99)

Vegetables

Plant	Hawstead Special Price	(Retail Price)
Tomato plant - Gardeners' Delight	1 plant £1.50 or 4 plants for £5	Crocus, £5.24 for 8.5cm pot
Tomato plant - Ailsa Craig	1 plant for £1.50 or 4 for £5	Crocus £5.24 for 8.5cm pot
Tomato plant - Polorosa	£1.50 a plant or 4 for £5	
Tomato plant - Sunbaby Cherry Tomatoes	£1.50 a plant or 4 for £5	
Courgettes	tbc	
Squash	tbc	

House plants

Plant	Hawstead Price	(Retail Price)
Peace Lily	£4	Garden Express £9.99
Clivia	£5 or £4 depending on size of plant	Crocus £24.99

Bedding

Plant	Hawstead Special Price
Cosmos (sensation mix) – pink and white	Jumbo seedlings £1 each, or 4 for £3.
Echium Blue Bedder – great for bees, butterflies/moths and other pollinators. It has nectar/pollen-rich flowers	50p per jumbo seedling
Calendula (pot marigold) – orange, will help keep away many insect pests when used as a companion plant. The petals are edible and can be dried and used as a substitute for saffron for colouring	50p each
Nasturtiums – flowers are edible, great to decorate salads	£2 for a pot of 4 plants
Sweet peas (Leamington - mauve) - Giant Waved, multi-coloured	£2 pot of six plants
Large Borage – great for bees, flowers are edible/can be added to Pimms!	£1 plant
French marigolds	£3.50 for 6 plants
Giant sunflowers and Halo sunflowers	£1.50 each

If you would like to buy plants now, or pre-order what you'd like to buy, please email carolinemiller033@gmail.com or call Caroline on 07980 675137.

NB Some of the plants and seedlings, like the sweet peas, are ready now!



PLANT FAIR HELP NEEDED

This year you can help on the day or the night before with the set up.

1. Can you help set up from **4pm on Friday 24 May?**
2. Can you provide any plants or seedlings?
3. Can you bake a cake for the cake stall?
4. Can you help in the kitchen for a 1.5 hour shift?
5. Can you man the plant stall for a 1.5 hour shift?
6. Can you help with clearing up at **12.30pm on Saturday 25 May?**
7. Can you help with publicity, putting up posters, distributing flyers, press release, around the village?

Thank you, **Caroline Miller, Hawstead Community Council**



FUNDRAISER NEWS

Church Fundraiser – Summer Cream Tea
Saturday 22nd June 2024
2pm – 4pm
At Lesley's Barn & Garden
Tickets: £5.00



At Lesley's Barn & Garden
Tickets: £5.00

Tickets can be purchased on the day and will entitle you to a cup of tea/coffee and a piece of cake.

There will also be a Pimm's Bar, as well as books and cards for sale, along with games and a raffle! The church is planned to be open, and we are hoping there will be displays or photographs and art on show.

Many thanks – Lesley Carey



EASTER BUNNY FOOTPRINTS FOUND ON THE GREEN!



Easter Eggs and Glitter Tattoos in Hawstead

On Easter Monday Hawstead Community Council welcomed all the village children for an Easter Egg Hunt on the village green and tea party in the hall. We were blessed with dry weather with a slight breeze to ensure the flower windmills sped around. Some 14 village children joined us for a fun couple of hours following the rabbit footprints on the green to find lots of tasty treats. A few joined us for a fancy dress parade, and each went home with a lovely Happy Easter rosette. Afternoon tea included sandwiches shaped like Easter rabbits and flowers, sausage rolls, and carrot sticks and dips. We also had Easter glitter tattoos on offer, and most of the children had at least one glittery animal image stuck to their arm by the end of the event. The children could also choose from a number of different crafting activities, including making a flower bracelet, a spider from pipe cleaners, pom-poms and beads, and an autumn hedgehog using sticky foam pieces. This was a lovely, relaxed event for the parents/grandparents and children to enjoy together and was funded wholly by Hawstead Community Council. Our special thanks to **Louisa Jackson** and family and **Susanne White** for organising and running the event.



Easter Bunny in Hawstead

Surprisingly, given how much chocolate was scattered around the village green on Easter Monday, the Easter Bunny also had time to visit the village children. Their Easter gift bag carried the message...

Remember, the Easter Bunny can only visit those children he knows about... make sure you let the Easter Bunny know again next year!

Did you know that Easter lasts for 50 days, from Easter Sunday onwards!? Does that mean an Easter egg every day for 50 days?! HCC wishes you a very Happy Eastertime... enjoy this egg and your Easter holidays!



Village events for children

We are keen to offer more events for our village children but need village families to step up and organise them. It would be great to reinstate the annual family trip to the pantomime, or make sure the Halloween and Christmas children's parties take place with lots of support. If you have a young family and would like to make friends with other villagers in a similar situation, please contact your Community Council and we will help you make it happen. And you can also feed into discussions about developing the village play area.

Susanne White

Hawstead Play Area

Hawstead Community Council is very aware of the winter flooding and generally poor state of the play area bark surface. We are currently consulting with drainage and play area experts so that the right solution is found and implemented as soon as possible. We could simply dig out and replace the bark, but we need to see whether anything else can be done cost effectively to prolong the use of the play area throughout winter. Watch this space!

To save the village money, we will need lots of physical help some time in the next few months to replace the bark surface. So please step forward when **we call for help**.





Local Business Reaches Regional Finals of the Muddy Stiletto Awards!

'I was getting in touch as we had some good news at The Four Bells Glamping in Hawstead recently, with us reaching the regional finals of the Muddy Stiletto awards for Suffolk and Cambridgeshire for Best Boutique Stay. There are 5 of us competing for the top spot and we find out who the overall winner is on 2nd May! There were lots of businesses nominated this year, so we were thrilled to reach the regional finals.'

Alex Brewis – Pinford End – The Four Bells Glamping www.thefourbellsglamping.co.uk



A jam-packed summer planned for the Great War Huts

*'We have been working on our programme of events for 2024 at Great War Huts, and have some brilliant speakers, some great subjects, and some wonderful events planned. Our monthly Huttet Histories talks start again at 7pm on Wednesday 24th April, when Caroline Drew will be talking about aspects of life during the First World War air raids by Zeppelins and Gotha bombers and tells the stories of some of the civilians who lost their lives. The rest of the season of Huttet Histories talks will be on the **fourth Wednesday each month** and cover a wide range of topics, including The Suffolk Regiment on D-Day by our own Taff Gillingham in **May**. We also have a number of major events planned:*

- A celebration of the famous trench newspaper, The Wipers Times, in conjunction with Norwich Printing Museum, on **Saturday 1st June**.
- We are incredibly lucky to welcome German-British historian and writer, Katja Hoyer, to give her talk, Blood & Iron: The Rise and Fall of the German Empire, 1871-1918, on **Saturday 7th July**.
- On **Saturday 27th July**, by popular demand, we are repeating our Lee Enfield rifle talk, covering the history of the rifle and the opportunity for everyone to handle them.
- The Salonika Campaign will be the feature of a day of talks on **Saturday 31st August**. Many people who live in East Anglia have relatives who took part in this part of The Great War, which is rarely mentioned. The Salonika Campaign Society will be joining us to put that right.
- Our monthly talks and tours about the project are already booking up and we have added a number of family tours this year, which are more child friendly.
- **In August, during the school summer holiday, we will be holding our popular 'Training for Trenches' for 7- to 12-year-olds.**

Further details and tickets for all our events are available on our events page:

<https://www.greatwarhuts.org/events>

Maglia Classic Car Rallies – Back by popular demand for 2024!

Once again Maglia Rosso is hosting a series of Friday evening classic car rallies on dates from April to August. All villagers are most welcome to visit and admire some special vehicles! The events all start at 5pm, and the cafe will be open too.

Andy Parrett



HEALTH, WELLBEING & SPORTS CLUBS

BURY ST EDMUNDS CROQUET CLUB

Did you know that Bury St Edmunds has a croquet club? And that it is just down the road from Hawstead, in Nowton, in the Victory Grounds opposite South Lee Prep School?

Are you interested in becoming a member?




If you are interested, but not sure, why not take advantage of a free taster session? A member of the club will happily introduce you to the rules and give you the chance to try out the game. Most people are then 'hooked' because it is a game that is such fun to play – members are very friendly and sociable – and the game becomes more enjoyable as a player's skills develop. We have three full-size grass lawns and one all-weather court, which allows games to be played all year round. The club has a number of mallets available for players' use. New members, whatever their background or age, are made to feel most welcome. There are friendly games, coaching sessions, competitions within the club and competitions against other clubs. There are also social events.

The club also offers taster sessions for groups, such as the members of other clubs and associations. If you are interested, do feel free to contact local resident Adrian Keane at adrian.n.keane@gmail.com or contact the membership secretary on membershipsecretarybsecroquet@gmail.com or visit the website at <https://bsecroquet.wixsite.com/website>

As a reminder, the following are **open to all Villagers** and are run at the Village Hall

- **Yoga with Amber** – Every Tuesday from 6pm
- **Bowls club** – Every Tuesday from 7.30pm
- **Yoga with Siobhan** - Every Thursday morning from 9.30am (teacher changing soon but session times remain the same)
- **Fitness with Michelle** – Every Thursday from 7pm
- **Mindfulness with Jane** – Once a month on a Wednesday Afternoon/Evening – kalmerkarma.com

Please check the village hall bookings calendar for dates and contact the organiser to confirm your space.



*Flow Motion
with Amber Golden*

Drop in Yoga Classes

A graceful progressive flow class working on strengthening the mind and body, leaving you feeling balanced and grounded.

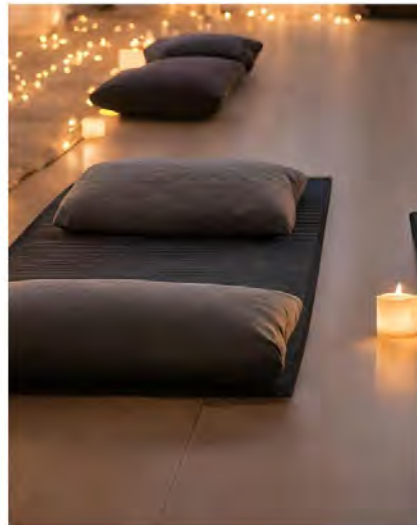
Tuesdays 6pm
Hawstead Village Hall

Sundays 9am
The Unitarian Meeting House,
Churchgate Street, Bury St Edmunds

£8 drop in

Please contact me on 07983 573157
or at ambersparkle84@gmail.com for more details.

MONTHLY RELAX & RESET SESSIONS IN ESSEX, SUFFOLK AND NORFOLK



BOOK A RELAX & RESET SESSION

£15

All sessions are for 90 minutes.

Dress comfortably. Please bring a mat, pillows/cushions, blanket etc to make your session as comfortable as possible. Chairs are available for those who prefer to sit or you are welcome to bring your own.

All participants must be 18+

Free parking available at all venues

90 MINUTES OF CALM, PEACE AND RELAXATION

In a restful environment, free from interruptions, **Relax & Reset** sessions offer a welcoming space in which you can unwind, recharge and reset.

Here's what you can expect:

- **Breath work** that balances the body and induces deep relaxation
- **Guided mindfulness** to help you slow down racing thoughts and find stillness in the present moment
- **Guided meditation** that alleviates stress and promotes inner peace, leaving you calmer and more centered
- **Sound bath** with the pure sounds and vibrations of crystal bowls, koshi chimes, bar chimes and celtic drums that reduces tension and anxiety, improves mood, and promotes relaxation
- **Time for gentle reflection**, setting positive goals for the future and affirmations for the coming month

To ensure your comfort, loose, comfortable clothing is recommended. You are welcome to bring a mat, cushions and a blanket for extra support and comfort.

Whether you prefer to lie down, sit on a mat or use a chair - the choice is yours. I want you to feel completely at ease throughout the session.

HAWSTEAD, BURY ST EDMUNDS
THE HALL ON THE GREEN, HAWSTEAD VILLAGE HALL, THE GREEN, HAWSTEAD,
BURY ST EDMUNDS IP29 5NP

WEDNESDAY 4.30PM
8TH MAY
BOOK

WEDNESDAY 7PM
8TH MAY
BOOK

WEDNESDAY 4.30PM
12TH JUNE
BOOK

WEDNESDAY 7PM
12TH JUNE
BOOK

CONTACT

EMAIL: JANEO.KALMERKARMA.COM

CALL FOR HELP

Do you have any rucksacks or suitcases that need a new home? A villager is collecting them to enable a charity (SEPO Bletchley - <https://www.facebook.com/sepobletchley>) to send clothing and school equipment/books out to Zambia. Once a year (usually) a group of Zambian children come over to the UK to experience the culture, etc. They arrive with minimal luggage, and are sent back laden with items for their parish. Here you can see the full suitcases which left Heathrow Airport this April. The next group is due in October. If you have any redundant luggage you are happy to donate, please contact susanne@pamplin.me.uk.





Summer Village BBQ

Saturday 6 July

Hawstead Village Green



More details will follow by email nearer the time, but keep the afternoon/evening free for a special whole-village event on the village green. To include food, bar, garden games, music, crafts, face painting, glitter tattoos, and much more!



'Triple-20s' Hawstead Christmas Lunch



Friday 6 December 2024

12.30pm drinks, for 1pm

at Hawstead Village Hall

The annual Hawstead 'Triple-20s' Christmas lunch (for those villagers aged over 60) will take place on Friday 6 December 2024 at the village hall. We will be serving a delicious three-course traditional Christmas meal prepared by Andrea and her excellent team at Elite Catering. Get the date in your diary! Full details will follow nearer the time.

Caroline Miller

Hawstead Fete Sunday 1 September 2024

Your Village..... Your Voice.....

- **Sports Clubs** – Are you a member of a local club? Do you need help? Are you looking for new members?
- **Schools** – Is your child's school putting on an event? Would you like to let our community know? Do you need volunteers?
- **Top Tips** – We all have a diverse range of skills and knowledge. Would you like to share a top tip? It could be anything... gardening, cooking, pet care, children's activities. Do you know something that could help someone else? Let us know.
- **For Sale, Freecycle, Give Away** – Are you planning on clearing your shed or garage and want to avoid putting something in the rubbish? If you have something you no longer need that you think may be of value to someone else. Why not share it here?
- **People Library** – Do you have a particular skill/area of expertise that you would be willing to share? Could you spare an hour with someone to help them develop a skill or build knowledge, be it for leisure learning or to help someone develop a career path?
- **Local Business News** – Share your local business news with your neighbours. We want to support you, so let us know what you would like to share with your community.
- **Health & Wellbeing** – Have you been on a really good walk recently? Do you want to share your route or pictures? Send them into the Village Voice.
- **Upcoming Events/Diary Dates** – Please let us know the details of any events or fundraisers you would like to share to help drum up support.
- **Environmental & Local News** – Have you seen something that you think your fellow villagers should know about? Did you read something important in West Suffolk Council pages which you think villagers should know more about? Tell us at the Village Voice.

DEADLINES

- Autumn Edition - 1st September 2024 - **Deadline for content 18th August 2024**
- Winter Edition/Xmas - 1st November 2024 - **Deadline for content 18th October 2024**