

ISSUE

07

09 June
2020

The Village Voice



Photos courtesy of Laura Eastwood

Welcome to our village newsletter

Welcome to issue 7 of The Village Voice. Thank you once again to everyone who helps contribute to this community newsletter, making it a fantastic reflection of all our interests. Don't forget to let me know if you would like to see something specific featured in here. Please keep all your content coming in to me at: anneng100@googlemail.com, especially for pets corner and your favourite lockdown tunes – both of these give such wonderful insight into our lives and help us all get to know each other a little better.

Please remember, all our community volunteers remain ready and able to help out any villager. As lockdown begins to ease, we all remain in place to help minimise the number of trips out of the village and maximise the safety and wellbeing of our residents. Stay safe...

Hawstead Village in pictures

Thank you to everyone who has contributed snaps of Hawstead taken when they've been out and about. Here is a selection.



These beautiful wildflowers were snapped by **Judy Carter** and first appeared along Horsecroft Road last year thanks to Rupert Brown. Thankfully, they've made an appearance again in 2020, just when we need cheering up.



This lovely and interesting trio is courtesy of **Laura Eastwood**, illustrating the diverse wildlife and vegetation we have in Hawstead.



Military aircraft over Hawstead

Andy Parrett spotted some military aircraft flying around Hawstead recently. These seem to be regular appearances, so check them out.

As fellow villagers are doubtless aware, at about 8.10pm most, if not every, evening two Hercules transport planes usually fly over Hawstead in a curved flightpath from roughly NW to NE. I thought I'd try to photograph them during the recent clear sunny weather. Of course, on the day I decided to do it there was only one! I wonder if they are training flights?



On a recent Thursday evening, just as we were about to clap for the NHS, two Apache helicopters decided to approach Hawstead and cavort about for a couple of minutes. I grabbed my phone and managed to switch it on quickly enough to snap one of them before they made off over Cooks Field.

Contributor: Andy Parrett

VE Day cakes

In issue 5 we ran a baking competition for the best VE day cake. Clearly there was lots of baking in Hawstead for these celebrations but only two photos came in. See below, and well done to the two bakers Annabel Brewis (left) and Hannah Pamplin (right).



Our parish churchyard and request for help

by Andy Parrett

All Saints Church, Hawstead is surrounded by a churchyard with graves dating back to the early 18th Century. The churchyard is usually maintained by a team of 'community payback' people from the Probation Service. This is currently not happening because of the pandemic. As a result, the vegetation has had a chance to let rip. This has had the happy consequence of the appearance of more wildflowers than normal, but the graves have in many cases been obscured.



So we have decided to do some limited mowing and strimming when we can find a bit of time. The idea has been to limit mowing to a few paths and then to clear the area around individual gravestones, leaving the rest to grow to its heart's content. Needless to say, it's a continual process. So if there's anyone out there reading this who would like to contribute some time to help out, please contact either me or Lesley Carey (directly or via Anne East).

June garden jobs

Gardening doesn't come naturally to me, but it's something we are endeavouring to get involved in. We usually have a working vegetable patch which yields some good results. So I've found a list of gardening jobs that even novices like myself can follow. These are taken from a variety of sources, so I'm hoping some of them will also be useful to you.

If you have any gardening tips or hacks to make the job easier, do send them in.



- Lift and store tulip bulbs after flowering.
- Support tall-growing perennials, including hollyhocks and delphiniums, with a sturdy cane.
- Continue planting summer bedding in pots and borders, and water regularly to help plants establish quickly.
- Cut back spring-flowering perennials to encourage a fresh flush of foliage.
- Pinch out the tips of fuchsias and bedding plants to encourage bushier growth.
- Give container displays and hanging baskets a liquid feed every few weeks to encourage flowering.
- Cover developing and ripening fruits with netting or fleece to protect them from birds.
- Apply tomato feed regularly to fruiting vegetable crops, including tomatoes, courgettes, pumpkins and chillies.
- Pinch out any side shoots from your tomato plants. You can pot these up to create new tomato plants.



- Harvest salad crops, and resow every 2 weeks for a constant supply of tasty leaves.
- When planting out cabbages, use brassica collars to prevent cabbage root fly attack.
- If you haven't already, harden off and plant tender vegetables such as courgettes, squash, tomatoes and sweetcorn.

Just for kids



Our teachers have reminded us that this is a long half-term, 7 weeks! So, whether your children are back at school or still being home-schooled, here are some ideas to keep them entertained.

Colouring in ideas: My two have tonnes of colouring books, but apparently it's more fun for me to stop what I'm doing and wait for them to trawl through the hundreds of free images they can print off and colour. I've found this site particularly good:

- <https://coloringhome.com/categories>

Maths challenge

So maths challenges might not be your idea of fun, but these links were sent to me by a maths teacher friend.

The challenges are simple and well explained and you can print them off. They went down well with hers and ours, and are doable for ages 7-10.

- <https://nrich.maths.org/91>
- <https://nrich.maths.org/5714>

Joke corner

Why wouldn't the shrimp share his treasure?

**Because he was a little shellfish.*

Why is Cinderella bad at football?

**Because she's always running away from the ball.*

Bean tepee

Thanks to **Rosie Donald** for this great idea. Build a bean tepee and watch them grow into an edible shelter!



Word searches

Here are some under-the-sea themed word searches which are colourful and easy to do. If the kids are keen, I've also included a link to a template where they can create their own.

- <https://www.twinkl.co.uk/resource/t-a-009-under-the-sea-wordsearch>
- <https://www.twinkl.co.uk/resource/t-l-2249-wordsearch-template>



Recipe: Classic scones

This is my go-to recipe for scones. Easy and completely fool-proof. I found the trick is to not roll or flatten the dough out too much, then you'll be rewarded with proper chunky scones perfect for smothering in clotted cream and jam. I usually double the recipe.

The original recipe is from BBC Good Food.



Method

- 1) Preheat oven to 220°C/fan 200°C/gas 7. Tip flour into a large bowl with salt and baking powder, mix. Add butter and rub in until the mixture looks like fine breadcrumbs. Stir in the sugar. Add the sultanas if using.

Tip: Whatever people say, you can do this bit in a food processor to speed it up. I find the whole rubbing into breadcrumbs stage tiresome and don't have the patience. Just be careful not to over blitz.

- 2) Put milk into a jug and warm in the microwave (about 20–30 seconds in our 950W microwave). It should be warm, not hot. Add the vanilla and lemon juice, set aside. Put a baking sheet into the oven to warm.
- 3) Make a well in the dry mix, then add the warm milk mixture and stir with a knife. Bring it all together then tip onto a floured work surface. Knead and shape/pat/roll (whichever you prefer) until about 4cm deep. Using a 5cm cutter, cut out rounds and brush the tops with the beaten egg. Bake for about 10 minutes.

Ingredients:

- 350g self-raising flour
- ¼ tsp salt
- 1 tsp baking powder
- 85g butter (cut into cubes)
- 3 tbsp caster sugar
- 175ml milk
- 1 tsp vanilla extract
- Squeeze of lemon juice
- One beaten egg
- 85g sultanas for fruit scones

Freezing

These can be frozen. To cook from frozen, defrost and then bake in a low oven approx. 160°C/fan 140°C/gas 3 only for a few minutes to freshen.

~~Desert-island~~ Village lockdown discs

Thank you to Geraldine West who is sharing her top 10 lockdown music choices with us and some wonderful anecdotes, complete with links to YouTube videos. Do check out the videos – especially the Susan Boyle one just to see the looks on people's faces.

If you'd like to share your top 10 music choices, please send them to me at: anneng100@googlemail.com

1) **The Drinking Song – Mario Lanza - from the musical The Student Prince**

This is the only piece of music that I remember from my early years. We had a gramophone at home – a wind-up one(!) and an LP of the music from The Student Prince. When left unsupervised, my elder siblings played a game involving jumping over the furniture whilst singing along, as loud as possible to this song. The first to fall to the ground would be 'out'. Fortunately, this furniture of my grandmother's was robust. <https://www.youtube.com/watch?v=otJuTZPTZBQ>



2) **Good Golly Miss Molly – Little Richard**

Rock n Roll burst in upon my teenage years – Ray Charles, Bill Haley and the Comets, Jerry Lee Lewis, Elvis of course and so many others. I absolutely loved it, loved it all – its excitement, its enthusiasm and its sheer energy. Impossible to single out just one, but poignantly Little Richard died just a week or so ago.



https://www.youtube.com/watch?v=RCYGNtyktlg&list=RDKzYJS3ksH_s&index=2

3) **Under the Boardwalk – The Drifters**

My taste in music quietened down somewhat. I adored the Drifters – and still do! A 'Country' phase came next with Billie Jo Spears, Dolly Parton and co. Then 'Soul' I suppose, with Marvin Gaye, Diana Ross and all of Motown.

https://www.youtube.com/watch?v=A7frGdV_W0I

4) **I dreamed a dream – Susan Boyle**

Married, children, working, not much chance to listen to music except in the car. However, living in London, I could be at Charing Cross in less than an hour - the London theatres within easy reach. Like Anne, I loved Les Mis. I still find this rendering by Susan Boyle moving with a lesson to be reminded of. <https://www.youtube.com/watch?v=RxPZh4AnWyk>

5) **Don't Cry for me Argentina – Evita – Andrew Lloyd Webber – Elaine Paige**

I loved Evita – Saw it many times.

<https://www.youtube.com/watch?v=ntRnEKnrBYU>



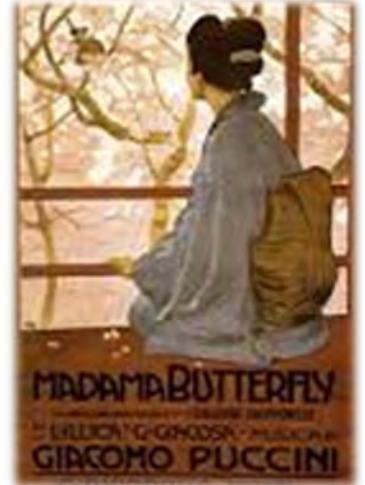
~~Desert-island~~ Village lockdown discs *cont...*

6) **La Traviata - Brindisi 'The Drinking Song' – Verdi – The Royal Opera House**

Another drinking song! I was into my forties before I discovered opera. A colleague with a season ticket for the English National Opera at the Coliseum invited me to join her. Season tickets enabled us to see every performance at a greatly reduced price and we went to almost everything for years. La Traviata was the first – I was enthralled! We only once left in the interval, escaping from a four-hour long 'Force of Destiny'. More recently, I famously arranged for a group from Hawstead to see an open-air performance of Opera North's La Traviata at Kentwell Hall. In spite of reasonable weather, posh picnics and fizz, it soon became apparent that opera was an acquired taste that not everyone had acquired! <https://www.youtube.com/watch?v=UZvgmpiQCcl>

7) **One Fine Day – Madame Butterfly – Puccini – Ying Huang**

This is the only opera (I am ashamed to say) that I have seen at the Royal Opera House. There is so much of opera that I love it was very difficult choosing just two, but I hope you like them. <https://www.youtube.com/watch?v=bkUq98oiyRc>



8) **Miserere – Gregorio Allegri – The Choir, Clare College Cambridge**

Since joining a choir in 2007, I have grown to love choral music. Again, so difficult to choose just one, but this is a favourite with its soaring treble notes. 'Soul Music', available on BBC Sounds, has a really nice programme about this music.

https://www.youtube.com/watch?v=IA88AS6Wy_4

9) **Hello – (Adele's Hello) - Walk off the Earth**

Something lighter – and definitely funkier. Love this group! Love Adele too.



https://www.youtube.com/watch?v=LT7MOirwZdM&list=RDLT7MOirwZdM&start_radio=1 You can watch Adele's 'Hello' at <https://www.youtube.com/watch?v=YQHsXMgIC9A>

10) **Rachmaninoff Piano Concerto 3 – this version from the film 'Shine'**

Australia's 'Shine' is one of my all-time favourite films. It follows, accurately, the life of brilliant child pianist David Helfgott, who, after a childhood of abuse at the hands of his father and decades in mental hospitals, eventually emerges to find not only artistic fulfilment, but love. The film achieved the Best Actor Oscar for Geoffrey Rush and six other Oscar nominations. <https://www.youtube.com/watch?v=N29WamXg4pY>

You can see David Helfgott himself playing at <https://www.youtube.com/watch?v=2HYE7jgOQPI>. My choice above is an excerpt from the film. The whole film is available on YouTube.

Contributor: Geraldine West

Please send your 10 favourite pieces of music, together with the reasons why, to anneng100@googlemail.com



Quiz corner with Mike Sibley

For all our quiz fans, here's another set of questions to get you thinking and guessing – answers in the next issue.

If you fancy having a go and setting a quiz or sharing riddles, please send your contributions to anneng100@googlemail.com.

- 1) Where was Prime Minister Boris Johnson born?
- 2) Who invented dynamite? And what is the name of the annual prize that he instituted?
- 3) Lords Cricket Ground in London is named after whom?
- 4) With the United Kingdom leaving the EU, how many countries remain?
- 5) What was Sri Lanka's former name?
- 6) Who composed the popular tune "Always Look on the Bright Side of Life"?
- 7) The Statue of Liberty was presented to America by which European country?
- 8) What is the lightest wood?
- 9) What is the name of the river that flows through Rome?
- 10) What was the previous name of the Russian city of St Petersburg?
- 11) In what year did the coronation of Queen Elizabeth II take place?
- 12) A former queen of France is buried in St Mary's Church, Bury St Edmunds.
Who was she?
- 13) Which sport is known as The Sport of Kings?
- 14) Do you know what the origin of the word "sincere" is?
- 15) What do these Cockney phrases mean? (One word): dog and bone – apple and pears – trouble and strife – bird lime – bubble and squeak.



How well do you know Hawstead?

Thanks again to Orson Carte. Here are 10 more pictures all taken around Hawstead. Can you guess where they are?



A



B



C



D



E



F



G

www.cwgc.org

H



I



J

Answers in the next issue...

Answers from last week...

Spot the pheasant



How well do you know Hawstead? Answers from issue 6

- A) Topiary at All Saints Church
- B) Damaged grit bin opposite Hawstead Lodge, Pinford End
- C) Oil tank cage, south of village hall
- D) Millstone at The Mill House, The Green
- E) Oak sign, adjacent to village hall
- F) Market Path footpath signage
- G) Tree labelling, Millennium Field
- H) Lychgate tap, All Saints Church
- I) Sign at Hawstead Lodge, Pinford End
- J) Bike rack outside village hall

Answers from last issue...

Mike Sibley's quiz answers from issue 6

- 1) Abacus
- 2) Nectar
- 3) Mozart
- 4) The marathon is 26 miles and 385 yards
- 5) Alexander Graham Bell invented the telephone
- 6) Chinese deer
- 7) Cul-de-sac; ballet; omelette, for example
- 8) Knuckle
- 9) World Health Organisation; National Health Service; National Health England
- 10) The dukes of Buckingham were the original owners of Buckingham Palace
- 11) Siam
- 12) The Sistine Chapel is in the Vatican
- 13) The Taming of the Shrew
- 14) The French composer Bizet
- 15) Rugby

Covid-19 symptom study

Thanks to Amanda Brown who has highlighted this research initiative. The scheme aims to collate data in order to model and predict the spread of the virus in order to track its spread. The study has been endorsed by the Welsh government, NHS Wales, the Scottish government and NHS Scotland.

You will need to answer a few very basic questions at the start and then provide an update on your general health each day. The data is collected through an app that can be downloaded for free via the Apple store and Google Play. So far, nearly 4 million people have downloaded the app and contributed to this study. When you have the app, it takes less than a minute to update your info each day.

Data is ever more important as lockdown eases because it can help identify potential second-wave hotspots.

If you would like to get involved, visit: <https://covid.joinzoe.com/> To find out more about this research, visit: <https://covid.joinzoe.com/about>

Royal Opera House

The ROH is continuing to stream performances. Check its website for up-to-date news and times:

www.roh.org.uk. It is currently showing:

- A live streamed celebration of ballet and opera – 13 June
- The Cellist – a memoir of Jacqueline du Pré told through dance and ballet 5–11 June
- Il Trittico – Puccini’s trio of operas about jealousy, murder, loss, suicide, romance and trickery 5–19 June
- La Fille Mal Gardée – The Wayward Daughter by Frederick Ashton 12–26 June

National Theatre at home

Also updating their streaming offer on a regular basis is the National Theatre:

- Coriolanus – until 11 June
- The Madness of King George III – until 18 June

<https://www.nationaltheatre.org.uk/nt-at-home>

The Shows Must Go On

On offer from Friday 12 June for 48 hours only is the musical theatre production of The Wiz. The cast includes Queen Latifah and Mary J Blige.

As always, the show will start from 7pm on Friday on The Shows Must Go On YouTube channel. Give it a go!

Abbeygate Cinema phased reopening

Abbeygate Cinema on Hatters Lane is reporting the following phased opening dates:

- 17 June – Coffee & cake takeaway
- 4 July – No 4 Restaurant opens – A selection of favourite dishes from the Menu available for daytimes through to 3pm.
- 10 July – Cinema screenings begin – A selection of favourite film titles, hits of the last few years, audience requests, plus of course Screen Arts highlights will play out over Matinee/Teatime screenings

Netflix

Netflix can be overwhelming with the choice available. If you’re stuck for ideas, check out the following:

- **Tiger King** – We came to this quite late, so it feels like half the world has seen it already. If you haven’t, it’s well worth watching. Fascinating documentary about the owner of a private zoo in America who is now serving time in jail. So awful, but you cannot peel your eyes away.
- **Dark** – One for the sci-fi fans. The aftermath of a child’s disappearance exposes secrets and a twisty head-bending time travel, causal loop situation. German with English subtitles. (PS There is nothing gruesome about the child’s disappearance, so don’t be put off.)

Church services

All face-to-face services are currently suspended, but you can still take part in virtual services. To find out more, go to the **St Edmund Way** Facebook page which can be found at: www.facebook.com/stedmundway If you would like to speak with Rev Jeremy Parsons, you can contact him at: Tel: 01284 846166 Email: rector@stedmundway.uk

St Edmundsbury Cathedral

Live streaming daily. Go to stedscathedral.org/worship for direct links.

St Edmunds Catholic Church

Watch Mass online at www.stedmundkm.org.uk/events/live-streaming-mass.php+

There is talk of churches opening soon for private prayer. Contact your church office for further details.

The Red House in Stanningfield

The Red House is offering a takeaway beer and beverages service at weekends. Check out its Facebook page for up to date information (see the link below).

Draught beer £5 for 2 pints/£10 for 4 pints

Bring your own container or rent one from the pub.

<https://www.facebook.com/TheRedHouseSuffolk/?rf=857512717592249>



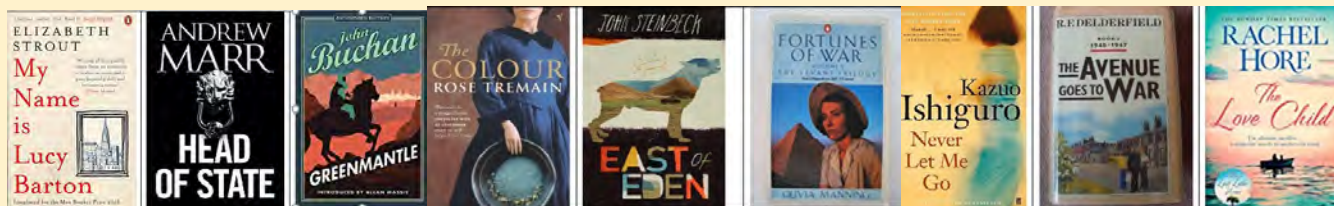
Book exchange

Geraldine West has a new selection of books that she is happy to pass on and deliver to you. Please contact her directly at: geraldinewest@waitrose.com to see what's available. Please note that covers may differ to those shown.

Non-fiction



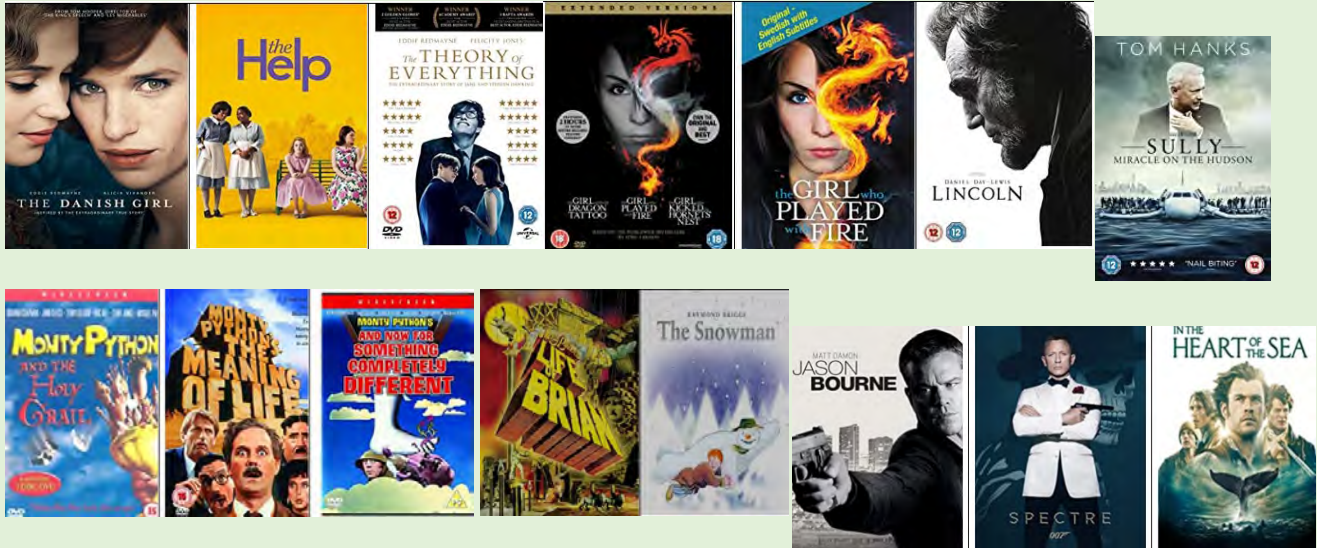
Fiction



DVD exchange

Geraldine West has a selection of DVDs that she is happy to pass on and deliver to you. None have been watched more than once, and a few not at all! All are in good condition.

Please contact her directly at: geraldinewest@waitrose.com to see what's available.



Jokes from the archives

In the last issue we asked for any jokes or riddles you may have that you'd like to share. John West has been able to dig out a few from some previous editions of the Hawstead Journal, so here they are (more to follow next week!).

With all the sadness and trauma going on in the world at the moment, it is worth reflecting on the death at 83 of Larry LaPrise, the man who wrote the Hokey Cokey.

The most traumatic part for his family was getting him into the coffin.

They put his left leg in – and things just started to go downhill from there.

A Hawstead limerick

There was a young lady of Hawstead
Who was always very exhausted
She slept on the green
Without her sunscreen
And roasted, poor lady of Hawstead

What do you call ...

...a man with lots of rabbits up his jumper?

- Warren

Hawstead Village Hall update

You may have noticed some activity at the village hall over the past couple of weeks. We are happy to report that the repainting of the window frames is now complete, with villager Phil Battell kindly offering his skills with a brush and ladder to safely finish the two highest frames. All the painting was completed by village volunteers, and our thanks go to Bruce Monk, the Pamplin family and Phil Battell.

We have also had additional stone laid and some minor repairs completed to the gravel car park. This was spearheaded by Adrian and Charlie Baker. And they also repaired/replaced the surrounding boundary fencing, so please be extra careful when parking your cars. They do seem to take quite a battering!

Our AGM was due in May. Clearly, that has been delayed until a time when we can all get together. However, we know that we do need a new Treasurer for the coming year as Andy Taplin focuses more on his proper job! The role is not too onerous. So if you have a head for figures and a bit of spare time that you would be prepared to donate to the village, we would very much welcome you! Contact Andy for a chat.

We are also keen to recruit a few new Community Council members from amongst the villagers. So please step forward to support the work of your village team. We have lots of ideas to bring the village together, but at present insufficient manpower to do more than manage the hall facilities.

Please don't be shy!

Good News!

Hawstead Village Hall has gained a £10,000 grant to support it through the current pandemic. Hopefully that will be sufficient to get us through to a time when bookings can be safely fulfilled once again.



New Hawstead Village Hall Website

We are excited to report that we now have a new Hawstead Village Hall Website. Go to <https://www.hawsteadvillagehall.co.uk/> to check out the new format. The site was kindly put together during Lockdown by a 'consortium' of villagers and an imported expert.

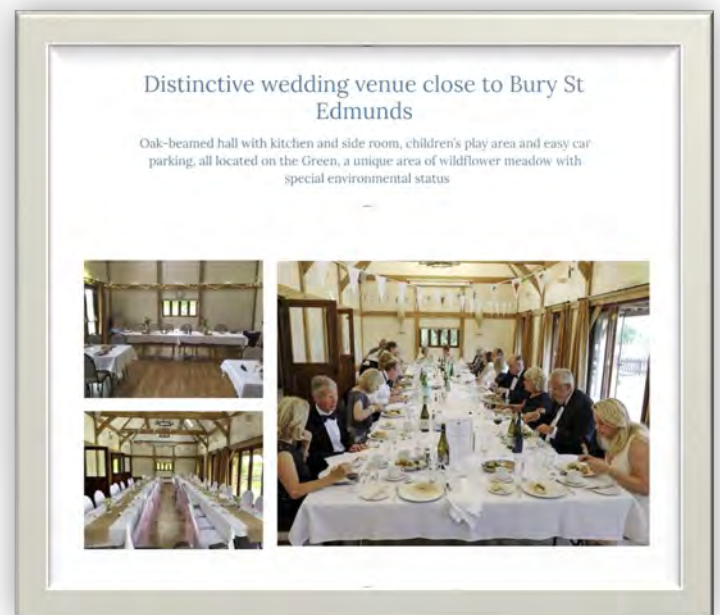
Special thanks must go to:

- Richard West (John's son) who has lots of website design expertise and sorted out the structure and first draft
- Andy Taplin for technical help relocating the site, liaising with Richard and taking fresh photographs on splendidly sunny days
- Janet Taplin for editing the text
- Susanne White for amending text, replacing photographs, adding pages and finalising the site.



Our thanks must also go to Andy Parrett who looked after our 'old' website for many years.

If you have any friends or family who are looking for a venue for a party or business meeting, do mention our wonderful village hall. It does offer a unique environment for a special celebration or corporate event.



Community Services

Veggies/Fruit/Salad

Our twice-weekly veg/fruit/salad supplier Marksman has added a few new items to its produce list...

- Asparagus £3 per bunch
- Cheese (2.5kg block £13; 5kg block £26)
- Pre-grated Cheese (2kg) £10
- Mixed yogurts £4 for 12

Almost all types of vegetable and fruit can be supplied. If you are yearning for something different, just email them for a price.

Please remember that **all orders must be placed by 9am the DAY BEFORE the delivery.** Payment must be received before delivery is made.

The Friendly Loaf

Our friends at The Friendly Loaf have updated their website (<https://www.thefriendlyloaf.co.uk/>) with a Click & Collect order form and BACS payment service. This means there is lots more choice, which is very bad for the waistline. You will still need to order before midday on the Tuesday or Friday, please. Make sure they know you are ordering as part of the HAWSTEAD VILLAGE HALL DELIVERY (put it in the notes) and SPECIFY THE COLLECTION DAY too (Wednesday or Saturday). And you will need to ensure you make a BACS payment before delivery.

Please use this online system now, rather than phone them.

Emergency local trades

- Justin Mayes – plumber (emergencies only), tel: 07825 325584.
- The Clean Plumber – plumber (emergencies only), tel: 01284 765453 www.thecleanplumber.co.uk
- Kevin Seggie – electrician (emergencies only) tel: 01284 830786, 07768 108157.

Fish home delivery

We have discovered a great frozen fish supplier with a prompt and professional home delivery service. Take a look at <https://marrfish.co.uk>. Several villagers have ordered and are delighted with the range and quality. Various fish box selections are offered to suit all tastes.

Hawstead Village Hall

Please note that the **VILLAGE HALL IS CURRENTLY CLOSED, except for our twice weekly food deliveries.** Please contact bookings@hawsteadvillagehall.co.uk if you have any enquiries or requests. Please **do not use the village hall car park as overflow personal parking at any time. Hawstead play area remains CLOSED until further notice.**

Our **thanks** to **Phil Battell** for spending a morning painting the hard-to-reach window frames high up on the village hall. **Thanks** too to **Adrian and Charlie Baker** for resurfacing the main car park and repairing the surrounding barriers. It all looks much smarter now.

Community Services

Medication

- **Angel Hill Surgery** – A villager is happy to bring your medication to the village hall or your local Hawstead community volunteer. If you'd like this service, please contact Susanne White:
susanne@pamplin.me.uk
- **Victoria Surgery** – If you're elderly or self-isolating and need your medication delivered, please contact the surgery's dispensary team between 2pm and 6pm on 01284 725550.
- **Village volunteers can also collect your medication from any surgery in Bury St Edmunds.** Please contact them direct.

Post Office and newspapers

Sicklesmere Stores will be open full time from Monday 15th June:

Monday: Fri: 8am – 5.30pm

Saturday: 8am – 12 noon

Sunday: 9am – 12 noon



Gardening

- **WOOLPIT NURSERIES** – Open, but you will need to book a time slot. Visit the website for more information:
<https://woolpitnurseries.co.uk/>
- **CHEDBURGH PLANT CENTRE** – Open, with strict social distancing measures. Please see the news page on their website for details: <http://www.chedburghplantcentre.co.uk/news.html>
- **DOBBIES GARDEN CENTRES** – Selected stores are now open (including the Bury St Edmunds store). Social distancing measures are in place and not all facilities are open (such as the restaurant and soft play). For more details, visit their website: <https://www.dobbies.com/content/updates.html>
- **PAUGERS PLANTS, DEPDEN** – Now open, but with limited access. **01284 850527**
- **REALISE FUTURES, NOWTON PARK** – Plants are now on sale in Nowton Park, Monday–Friday (but not Bank Holidays). Nearly 100 varieties are available from £1.60 per plant. CASH ONLY, not cards. Plant list available. Payment can be made by phone on Mondays only (minimum order £20). **01284 749030**

